

PRODUCT UPDATES

Fresenius Kabi ENPlus

The ENPlus connection system ensures that only enteral nutrition feed containers can be attached to enteral feed administration sets and that enteral nutrition administration sets cannot be connected to IV solution containers. Additionally, IV spikes are incompatible with enteral nutrition containers that carry the ENPlus port. The ENPlus connection system includes a plus shaped (+) connector attached to enteral administration sets as well as a corresponding plus shaped (+) port located on feed containers. ENPlus and the current 40 mm Screwcap will co-exist as safe system alternatives.



Due to the above you will find a change in our order codes, please see below

Uniphar Code	Old Code	New Code	Effective Date	
731043	APPLIX EASYBAG SPIKE SET	7752053	7752102	Jun-14
727758	APPLIX VARIOLINE SET	7751694	7752105	May-14

VISIT US

ORDER SAMPLES TODAY!

Ordering your Fresubin samples is as easy as 1,2,3.

1. Visit www.fresubinsamples.ie
2. Click to select the samples you need
3. Your order will be confirmed and samples will be despatched the next working day!



DIARY DATES

Save the Date
It's never too soon to plan for a great event!

Fresenius Kabi Annual Educational Meeting, in association with INDI
Tuesday, 9th December 2014, Conrad Hotel Dublin.



News Update

Fresenius Kabi Newsletter
July 2014



Fresubin® 5kcal Shot

Ireland's leading shot-style supplement¹

Formulated with a **unique blend of MCT*** and **LCT***, Fresubin® 5kcal Shot is **cholesterol-free** and also contains **rapeseed oil**, providing a healthy fat profile. Unlike other shot-style supplements which contain 100% LCT*, Fresubin® 5kcal Shot comprises 25% MCT* to aid absorption and is demonstrably well tolerated by patients².

Fresubin® 5kcal Shot contains just 2.8g LCT* saturated fatty acids per 100ml (5% energy), compared to 5.3g (10% energy) in equivalent supplements³. It also contains an additional 13.9g MCT* fats per 100ml, and rapeseed oil which is a naturally high source of MUFA[#].

Fresubin® 5kcal Shot does not contain any fats from animal sources and is rich in MCT which are more rapidly digested, absorbed and utilised by the body. This clinically advanced formulation will aid patient tolerance and ability to achieve optimal energy intake².

Fresubin® 5kcal Shot's unique fat profile offers a healthy alternative to butter, cheese and cream which may be offered to patients trying to boost their calorie intake through food fortification. To put this into perspective, a 30g serving of cheddar cheese delivers 7g of saturated fat, while one tbsp. of double cream provides 3.5g and one tbsp. of butter delivers 8g of saturated fat. The total SFA

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content of Fresubin® 5kcal Shot in a 120ml daily dose is approximately 3.4g, which represents 11.7% of the UK DRV for saturated fat⁴.

As Ireland's leading shot-style supplement¹, Fresubin® 5kcal Shot offers the most effective solution when a patient's appetite is poor and energy needs are high:

- Contains **11-50% more energy** than other high-energy, low volume supplements to help patients achieve their required calorie intake more quickly^{3,5}
- **Small 120ml bottle** makes dispensing easier and is in line with best practice guidelines⁶ for prevention of cross-contamination: **1 bottle per patient, per day**
- Longer open shelf-life helps to reduce wastage and costs: **24 hours at room temperature** or 14 days refrigerated
- Available in Neutral and Lemon flavours: versatile and **palatable, with no unpleasant mouth-feel or aftertaste**².

For the highest energy low volume supplement, recommend Fresubin® 5kcal Shot for your patients. For samples call 01 841 3030 or visit www.fresubinsamples.ie



*Medium Chain Triglycerides, Long Chain Triglycerides; # Monounsaturated Fatty Acids.
 1. IMS Data May 2014 2. Fresenius Kabi data 2010 (available on request); 3. Calogen Datacard May 2012. 4. Report on Health and Social Subjects. Dietary Reference Values (DRVs) for Food Energy and Nutrients for the UK, Report of the Panel on DRVs of the Committee on Medical Aspects of Food Policy (COMA) 1991. Energy values based on Scientific Advisory Committee on Nutrition (2011) Dietary Reference Values for Energy (population value based on males aged 55-64). 5. Procal Shot Datacard, www.vitaflo.co.uk as at July 2014. 6. HIQA National Quality Standards for Residential Care Settings: Medication Management & Monitoring, 2008.

Quick Guide to Pre-Thickened Oral Nutritional Supplements (ONS)



Jill Sommerville,
Dysphagia Specialist Dietitian

Q: What are pre-thickened nutritional supplements?

Pre-thickened supplements are a relatively recent introduction to the range of products available to Dietitians, to support patients with swallowing difficulties who need nutritional support.

Nutritionally similar to other ONS, they provide a nutritionally complete balance of macro and micronutrients in a drinkable format, which has been thickened to consistencies appropriate for patients with swallowing difficulties. Typically, pre-thickened supplements provide 300kcal and 20g protein per bottle, and are available in two different consistencies.

Q: What are the benefits of using pre-thickened supplements?

Pre-thickened supplements offer multiple benefits for the healthcare professional, the carer and the patient themselves. Dietitians often hear reports that thickening ONS is difficult, and poor preparation can leave drinks lumpy and unpalatable. When this happens, patients are less likely to consume their ONS and risk not meeting their required dietary intakes as a result. Giving poorly thickened drinks and supplements

is also unsafe, as uneven consistencies increase the risk of aspiration and chest infections, further impacting the patient's ability to eat, drink and recover from illness.

For carers and patients, the process of thickening ONS the traditional way with thickening powders can be difficult and time-consuming. Studies show healthcare professionals struggle to reproduce the same consistency on a regular basis. Providing nutritional supplements in a format that is pre-thickened to a guaranteed consistency helps reduce these risks and ensures a safer swallow, making the experience safer and more enjoyable for patients.

Q: Who are pre-thickened supplements suitable for?

Pre-thickened supplements are suitable for any patient who needs nutritional support and has been assessed and diagnosed with a swallowing difficulty by a Speech & Language Therapist. Once the appropriate grade of thickened fluids has been determined, a Dietitian can choose the appropriate pre-thickened supplement to support their dietary needs. Patients who might benefit from this type of support include those with medical and surgical conditions such as stroke, Parkinson's disease, motor neuron disease, learning disabilities and other neurological conditions.

Q: What is Fresubin® thickened?

Fresubin® thickened is the first and only range of pre-thickened supplements to offer two consistencies to support patients with either mild or moderate dysphagia. Unlike other pre-thickened supplements on the Irish market, **Fresubin® thickened** is available in Stage 1 (Grade 2) and Stage 2 (Grade 3) consistencies. **Fresubin® thickened** provides 300kcal and 20g protein per 200ml bottle and is available in the two most popular flavours, Strawberry and Vanilla.

Q: Which consistencies are Fresubin® thickened supplements available in?

Fresubin® thickened is available in Stage 1 and Stage 2 consistencies, which aligns with the Irish descriptors Grade 2 and 3, as defined by the IASLT and INDI. For patients requiring a less thick Grade 1 ONS, Fresubin® 2kcal is the best solution. For patients requiring a semi-solid Grade 4 option, Fresubin® Crème is ideal.

Q: How many flavours are available?

Fresubin® thickened is available in two delicious flavours, Strawberry and Vanilla.

Q: Where can I get Fresubin® thickened?

Fresubin® thickened is GMS approved and available from retail pharmacies throughout Ireland.

Should you or your Dietetic Department require **Fresubin® thickened** samples or an update from our Dietitian & Dysphagia Specialist Jill Sommerville, please contact her via email at jill.sommerville@fresenius-kabi.com or call 086 173 2373.

